HARD WHITE WHEAT (6 cans)	BACON FLAVORED BITS VEGETARIAN MEAT SUBSTITUTE (3 cans)		FREEZE DRIED SLICED STRAWBERRIES (1 can)
Nutrition Facts Serving Size: 1/4 Cup (43g) Dry Servings Per Container: 51 Amount Per Serving	Nutrition Facts Serving Size: 1 Tbsp (5g) Dry Servings Per Container: 192 Amount Per Serving	Nutrition Facts Serving Size: 1/2 Cup (54g) Dry Servings Per Container: 26 Amount Per Serving	Nutrition Facts Serving Size: 1/2 Cup (10g) Dry Servings Per Container: 18 Amount Per Serving
Amount Per Serving	Calories 15 Calories from Fat 5 % Daily Value* Total Fat 0.5g 1% Saturated Fat 0g 0%	Calories 200 Calories from Fat 10 **Daily Value** Total Fat 1g 1% Saturated Fat 0g 0%	Calories 35 Calories from Fat 5 **Daily Value** Total Fat Og 0% Saturated Fat Og 0%
Saturated Fat Og	Saturated Fat Og O% Trans Fat Og Cholesterol Omg O% Sodium 115mg 5% Total Carbohydrate 1g O%	Trans Fat Og Cholesterol Omg Sodium Omg O% Total Carbohydrate 40g Saturated Fat Og O% Total Carbohydrate 40g	Saturated Fat Og 0% Trans Fat Og Cholesterol Omg 0% Sodium Omg 0% Total Carbohydrate 5g 2%
Dietary Fiber 6g 23% Sugars 2g Protein 6g	Dietary Fiber less than 1g 4% Sugars 0g Protein 2g	Dietary Fiber 2g 8% Sugars 2g Protein 7g	Dietary Fiber 2g 8% Sugars 5g Protein 1g
Vitamin A 0% Vitamin C 0% Calcium 2% • Iron 10% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	Vitamin A 0% • Vitamin C 0% Calcium 2% • Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 50% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	Vitamin A 0% • Vitamin C 110% Calcium 2% • Iron 4% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.
Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg	Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg	Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg	Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg
Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS:	Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4	Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS:	Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4
Hard white wheat berries. Contains allergens: Wheat.	TNGREDIENTS: Textured vegetable protein (soy flour, caramel color, FD&C Red #3), soybean oil, salt, natural flavoring. Contains allergens: Soy.	Semolina, niacin, ferrous sulfate (iron), thiamine mononitrate, riboflavin, folic acid. Contains allergens: Wheat.	INGREDIENTS: Sliced freeze-dried strawberries.
FREEZE DRIED SWEET CORN (2 cans)	BEEF FLAVORED VEGETARIAN MEAT SUBSTITUTE (2 cans)		PINTO BEANS (1 can)
Nutrition Facts Serving Size: 1/2 Cup (19g) Dry Servings Per Container: 23 Amount Per Serving	Nutrition Facts Serving Size: 1/4 Cup (26g) Dry Servings Per Container: 40 Amount Per Serving	Nutrition Facts Serving Size: 1/4 Cup (47g) Dry Servings Per Container: 48 Amount Per Serving	Nutrition Facts Serving Size: 1/2 Cup (86g) Dry Servings Per Container: 26 Amount Per Serving
Amount Per Serving Calories 70 Calories from Fat 5 % Daily Value* Total Fat 1g 2% Saturated Fat 0g 0%	Calories 90 Calories from Fat 35 **Daily Value* Total Fat 4g 6% Saturated Fat 0.5g 3%	Calories 100 Calories from Fat 0 **Daily Value* Total Fat 0g 0% Saturated Fat 0g 0%	Calories 300 Calories from Fat 0 **Total Fat Og** Saturated Fat Og** **Osaturated Fat Og
Trans Fat Og Cholesterol Omg 0% Sodium Omg 0%	Trans Fat Og Cholesterol Omg Sodium 480mg O%	Trans Fat Og Cholesterol Omg Sodium 5mg O%	Trans Fat Og Cholesterol Omg Sodium Omg O%
Total Carbohydrate 13g 4% Dietary Fiber 2g 8% Sugars 0g Protein 2g	Total Carbohydrate 7g 2% Dietary Fiber 3g 12% Sugars 2g Protein 11g	Total Carbohydrate 28g 9% Dietary Fiber 13g 52% Sugars 0g Protein 12g	Total Carbohydrate 54g 18% Dietary Fiber 20g 80% Sugars 4g Protein 18g
Vitamin A 2% • Vitamin C 8% Calcium 0% • Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	Vitamin A 0% • Vitamin C 0% Calcium 6% • Iron 10% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 20% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	Vitamin A 0% • Vitamin C 10% Calcium 10% • Iron 10% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.
Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg	Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg	Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg	Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg
Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4	Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4	Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4	Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4
INGREDIENTS: Freeze-dried corn.	Textured vegetable protein (soy flour, caramel color, red 3, soybean oil, salt, natural flavoring). Contains allergens: Soy.	INGREDIENTS: Lentils.	INGREDIENTS: Pinto Beans.
HONEY COATED BANANA SLICES (3 cans)	POTATO GEMS (2 cans)	DEHYDRATED POTATO SLICES (2 cans)	LONG GRAIN WHITE RICE (2 cans)
Nutrition Facts Serving Size: 1/2 Cup (42g) Dry Servings Per Container: 22	Nutrition Facts Serving Size: 1/4 Cup (30g) Dry Servings Per Container: 45	Nutrition Facts Serving Size: 1/2 Cup (20g) Dry Servings Per Container: 28	Nutrition Facts Serving Size: 1/4 Cup (47g) Dry Servings Per Container: 47
Amount Per Serving Calories 230 Calories from Fat 140 % Daily Value* Total Fat 15g 23%	Amount Per Serving Calories 110 Calories from Fat 15 % Daily Value* Total Fat 1.5g 2%	Amount Per Serving Calories 70 Calories from Fat 0 % Daily Value* Total Fat 0g 0%	Amount Per Serving Calories 170 Calories from Fat 0 % Daily Value* Total Fat 0g 0%
Saturated Fat 14g 68% Trans Fat 0g Cholesterol Omg 0%	Saturated Fat Og 0% Trans Fat Og Cholesterol Omg 0%	Saturated Fat Og 0% Trans Fat Og Cholesterol Omg 0%	Saturated Fat Og 0% Trans Fat Og Cholesterol Omg 0%
Sodium Omg 0%	Sodium 520mg 22 %	Sodium 15mg 1%	Sodium Omg 0%
	Sodium 520mg 22% Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g		Sodium Omg 0% Total Carbohydrate 37g 12% Dietary Fiber Og 0% Sugars Og Protein 3g
Sodium Omg 0% Potassium 210mg 6% Total Carbohydrate 18g 6% Dietary Fiber 2g 6%	Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% • Vitamin C 15% Calcium 2% • Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or	Sodium 15mg 1% Total Carbohydrate 16g 5% Dietary Fiber 2g 6% Sugars 1g Protein Og Vitamin A 0% • Vitamin C 10% Calcium 0% • Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or	Total Carbohydrate 37g 12% Dietary Fiber Og 0% Sugars Og Protein 3g Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 8% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or
Sodium Omg	Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% • Vitamin C 15% Calcium 2% • Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 65g 80g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg	Sodium 15mg 1% Total Carbohydrate 16g 5% Dietary Fiber 2g 6% Sugars 1g Protein Og Vitamin A 0% • Vitamin C 10% Calcium 0% • Iron 2% *Percent Daily values are based on a 2,000	Total Carbohydrate 37g 12% Dietary Fiber Og 0% Sugars Og Protein 3g Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 8% *Percent Daily values are based on a 2,000
Potassium 210mg 6% Total Carbohydrate 18g 6% Dietary Fiber 2g 6% Sugars 12g Protein Og Vitamin A 0% Vitamin C 0% Calcium 10% Iron 0% Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 Carbs 4 Protein 4	Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% • Vitamin C 15% Calcium 2% • Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potato gems (potato, canola oil [preserved with	Sodium 15mg 1% Total Carbohydrate 16g 5% Dietary Fiber 2g 6% Sugars 1g Protein 0g Vitamin A 0% • Vitamin C 10% Calcium 0% • Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg	Total Carbohydrate 37g 12% Dietary Fiber Og 0% Sugars Og Protein 3g Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 8% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg
Potassium 210mg 6% Total Carbohydrate 18g 6% Dietary Fiber 2g 6% Sugars 12g Protein 0g Vitamin A 0% · Vitamin C 0% Calcium 10% · Iron 0% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 · Carbs 4 · Protein 4	Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% • Vitamin C 15% Calcium 2% • Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4	Sodium 15mg 1% Total Carbohydrate 16g 5% Dietary Fiber 2g 6% Sugars 1g Protein 0g Vitamin A 0% • Vitamin C 10% Calcium 0% • Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4	Total Carbohydrate 37g 12% Dietary Fiber Og 0% Sugars Og Protein 3g Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 8% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4
Sodium Omg 6% Potassium 210mg 6% Total Carbohydrate 18g 6% Dietary Fiber 2g 6% Sugars 12g Protein Og Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 0% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Bananas, coconut/vegetable oil, sugar/honey, natural flavoring.	Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% • Vitamin C 15% Calcium 2% • Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potato gems (potato, canola oil [preserved with citric acid and BHT], salt, contains 2% or less of: artificial color, mono and diglycerides, natural and artificial flavor. Freshness preserved with sodium bisulfite and BHT. Contains allergens: Milk.	Sodium 15mg 1% Total Carbohydrate 16g 5% Dietary Fiber 2g 6% Sugars 1g Protein 0g Vitamin A 0% • Vitamin C 10% Calcium 0% • Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potato slices preserved with sodium bisulfite.	Total Carbohydrate 37g 12% Dietary Fiber Og 0% Sugars Og Protein 3g Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 8% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4
Sodium Omg Potassium 210mg Fotal Carbohydrate 18g Dietary Fiber 2g Sugars 12g Protein Og Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 0% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Bananas, coconut/vegetable oil, sugar/honey, natural flavoring. TACO FLAVORED VEGETARIAN MEAT SUBSTITUTE (2 cans) Nutrition Facts	Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% • Vitamin C 15% Calcium 2% • Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potato gems (potato, canola oil [preserved with citric acid and BHT], salt, contains 2% or less of: artificial color, mono and diglycerides, natural and artificial flavor. Freshness preserved with sodium bisulfite and BHT. Contains allergens: Milk.	Sodium 15mg 1% Total Carbohydrate 16g 5% Dietary Fiber 2g 6% Sugars 1g Protein 0g Vitamin A 0% • Vitamin C 10% Calcium 0% • Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potato slices preserved with sodium bisulfite. BUTTERMILK PANCAKE MIX (1 can) Nutrition Facts	Total Carbohydrate 37g 12% Dietary Fiber Og 0% Sugars Og Protein 3g Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 8% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Long grain white rice. COUNTRY FRESH® 100% INSTANT NONFAT DRY MILK (3 cans)
Potassium 210mg 6% Total Carbohydrate 18g 6% Dietary Fiber 2g 6% Sugars 12g Protein 0g Vitamin A 0% Vitamin C 0% Calcium 10% Iron 0% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 Carbs 4 Protein 4 INGREDIENTS: Bananas, coconut/vegetable oil, sugar/honey, natural flavoring. TACO FLAVORED VEGETARIAN MEAT SUBSTITUTE (2 cans) Nutrition Facts Serving Size: 1/4 Cup (37g) Dry Servings Per Container: 30 Amount Per Serving Calories 140 Calories from Fat 50	Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% • Vitamin C 15% Calcium 2% • Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potato gems (potato, canola oil [preserved with citric acid and BHT], salt, contains 2% or less of: artificial color, mono and diglycerides, natural and artificial flavor. Freshness preserved with sodium bisulfite and BHT. Contains allergens: Milk. Character Serving Serving Size: 1/4 Cup (26g) Dry Servings Per Container: 41 Amount Per Serving Calories 90 Calories from Fat 30	Sodium 15mg 1% Total Carbohydrate 16g 5% Dietary Fiber 2g 6% Sugars 1g Protein 0g Vitamin A 0% • Vitamin C 10% Calcium 0% • Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potato slices preserved with sodium bisulfite. BUTTERMILK PANCAKE MIX (1 can) Nutrition Facts Serving Size: 1/3 Cup (50g) Dry Servings Per Container: 29 Amount Per Serving Calories 170 Calories from Fat 5	Total Carbohydrate 37g 12% Dietary Fiber Og 0% Sugars Og Protein 3g Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 8% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Long grain white rice. COUNTRY FRESH® 100% INSTANT NONFAT DRY MILK (3 cans) Nutrition Facts Serving Size: 5 Tbsp (21g) Dry Servings Per Container: 39 Amount Per Serving Calories 80 Calories from Fat 0
Potassium 210mg 6% Total Carbohydrate 18g 6% Dietary Fiber 2g 6% Sugars 12g Protein Og Vitamin A 0% · Vitamin C 0% Calcium 10% · Iron 0% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 200g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 · Carbs 4 · Protein 4 INGREDIENTS: Bananas, coconut/vegetable oil, sugar/honey, natural flavoring. Serving Size: 1/4 Cup (37g) Dry Servings Per Container: 30 Amount Per Serving Calories 140 Calories from Fat 50 **Saturated Fat 1g 4% Total Fat 6g 9% Saturated Fat 1g 4% Trans Fat 0g	Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% · Vitamin C 15% Calcium 2% · Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 2,400mg 2,400mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 · Carbs 4 · Protein 4 INGREDIENTS: Potato gems (potato, canola oil [preserved with citric acid and BHT], salt, contains 2% or less of: artificial faloro. Freshness preserved with sodium bisulfite and BHT. Contains allergens: Milk. Charlet Canso Nutrition Facts Serving Size: 1/4 Cup (26g) Dry Servings Per Container: 41 Amount Per Serving Calories 90 Calories from Fat 30 % Daily Value* Total Fat 3g 5% Saturated Fat 0g 0% Trans Fat 0g	Sodium 15mg 1% Total Carbohydrate 16g 5% Dietary Fiber 2g 6% Sugars 1g Protein Og Vitamin A 0% • Vitamin C 10% Calcium 0% • Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potato slices preserved with sodium bisulfite. Potato slices preserved with sodium bisulfite. Serving Size: 1/3 Cup (50g) Dry Servings Per Container: 29 Amount Per Serving Calories 170 Calories from Fat 5 % Daily Value* Total Fat 0.5g 1% Saturated Fat 0g 0% Trans Fat 0g	Total Carbohydrate 37g 12% Dietary Fiber Og 0% Sugars Og Protein 3g Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 8% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 2,400mg 3,70mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Filber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Long grain white rice. COUNTRY FRESH® 100% INSTANT NONFAT DRY MILK (3 cans) Nutrition Facts Serving Size: 5 Tbsp (21g) Dry Servings Per Container: 39 Amount Per Serving Calories 80 Calories from Fat 0 % Daily Value* Total Fat 0g 0% Saturated Fat 0g 0% Trans Fat 0g
Potassium 210mg 6% Total Carbohydrate 18g 6% Dietary Fiber 2g 6% Sugars 12g Protein 0g Vitamin A 0% Vitamin C 0% Calcium 10% Iron 0% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g 80g Saturated Fat Less than 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 Carbs 4 Protein 4 INGREDIENTS: Bananas, coconut/vegetable oil, sugar/honey, natural flavoring. Potal Fat 6g 9% Saturated Fat 1g 4% Saturated Fat 1g 4%	Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% • Vitamin C 15% Calcium 2% • Iron 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Filber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potato gems (potato, canola oil [preserved with ictric acid and BHT]. Salt, contains 2% or less of: artificial flavor. Freshness preserved with sodium bisulfite and BHT. Contains allergens: Milk. Contains allergens: Milk. Contains allergens: Milk. Contains allergens: Milk.	Sodium 15mg 1% Total Carbohydrate 16g 5% Dietary Fiber 2g 6% Sugars 1g Protein Og Vitamin A 0% • Vitamin C 10% Calcium 0% • Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potato slices preserved with sodium bisulfite. Potato slices preserved with sodium bisulfite. Serving Size: 1/3 Cup (50g) Dry Servings Per Container: 29 Amount Per Serving Calories 170 Calories from Fat 5 % Daily Value* Total Fat 0.5g 1% Saturated Fat 0g 0%	Total Carbohydrate 37g 12% Dietary Fiber Og 0% Sugars Og Protein 3g Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 8% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Long grain white rice. COUNTRY FRESH® 100% INSTANT NONFAT DRY MILK (3 cans) Nutrition Facts Serving Size: 5 Tbsp (21g) Dry Servings Per Container: 39 Amount Per Serving Calories 80 Calories from Fat 0 % Daily Value* Total Fat 0g 0% Saturated Fat 0g 0% Saturated Fat 0g 0%
Sodium Omg	Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% · Vitamin C 15% Calcium 2% · Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 20g 375g Dietary Filber 25g 30g Calories per gram: Fat 9 · Carbs 4 · Protein 4 INGREDIENTS: Potato gems (potato, canola oil [preserved with citric acid and BHT], salt, contains 2% or less of: artificial color, mono and diglycerides, natural and artificial flavor. Freshness preserved with sodium bisulfite and BHT. Contains allergens: Milk. Contains allergens: Milk. Contains allergens: Milk. Contains 30	Sodium 15mg 1% Total Carbohydrate 16g 5% Dietary Fiber 2g 6% Sugars 1g Protein Og Vitamin A 0% • Vitamin C 10% Calcium 0% • Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potato slices preserved with sodium bisulfite. Potato slices preserved with sodium bisulfite. Nutrition Facts Serving Size: 1/3 Cup (50g) Dry Servings Per Container: 29 Amount Per Serving Calories 170 Calories from Fat 5 **Daily Value** Total Fat 0.5g 1% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 10mg 3% Sodium 670mg 28% Total Carbohydrate 36g 12%	Dietary Fiber Og
Potassium 210mg 6% Total Carbohydrate 18g 6% Dietary Fiber 2g 6% Sugars 12g Protein 0g Vitamin A 0% Vitamin C 0% Calcium 10% Iron 0% *Percent Daily values are based on a 2,000 calorie diet. Your daily values are based on a 2,000 calorie diet. Potage and the protein of the	Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% • Vitamin C 15% Calcium 2% • Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potato gems (potato, canola oil [preserved with citric acid and BHT], salt, contains 2% or less of: artificial color, mono and diglycerides, natural and artificial flavor. Freshness preserved with sodium bisulfite and BHT. Contains allergens: Milk. Chalcium 6% India Carbohydrate 7g Calories 20 Cholesterol Omg 0% Sodium 550mg 23% Total Carbohydrate 7g 2% Dietary Fiber 4g 14% Sugars 2g Protein 11g Vitamin A 0% Vitamin C 0% Calcium 6% Iron 10% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending only values may be higher or lower depending only value way be higher or lower depending on your calorie needs. Calories 2,000 2,500	Sodium 15mg 1% Total Carbohydrate 16g 5% Dietary Fiber 2g 6% Sugars 1g Protein 0g Vitamin A 0% · Vitamin C 10% Calcium 0% · Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 300mg 300mg Sodium Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 300mg 300mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 · Carbs 4 · Protein 4 INGREDIENTS: Potato slices preserved with sodium bisulfite. Serving Size: 1/3 Cup (50g) Dry Servings Per Container: 29 Amount Per Serving Calories 170 Calories from Fat 5 **Calories 170 Calories from Fat 5	Total Carbohydrate 37g 12% Dietary Fiber Og 0% Sugars Og Protein 3g Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 8% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Long grain white rice. Serving Size: 5 Tbsp (21g) Dry Servings Per Container: 39 Amount Per Serving Calories 80 Calories from Fat 0 % Daily Value* Total Fat 0g 0% Saturated Fat 0g 0% Saturated Fat 0g 0% Saturated Fat 0g 0% Cholesterol Omg 0% Sodium 115mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sugars 10g Protein 7g Vitamin A 10% • Vitamin C 4% Vitamin D 25% • Riboflavin 0% Calcium 35% • Iron 0%
Potassium 210mg 6% Total Carbohydrate 18g 6% Dietary Fiber 2g 6% Sugars 12g Protein 0g Vitamin A 0% Vitamin C 0% Calcium 10% Iron 0% *Percent Daily values are based on a 2,000 calorie diet. Your daily values are based on a 2,000 calorie diet. Potage and the protein of the	Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% • Vitamin C 15% Calcium 2% • Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potato gems (potato, canola oil [preserved with citric acid and BHT], salt, contains 2% or less of: artificial color, mono and diglycerides, natural and artificial flavor. Freshness preserved with sodium bisulfite and BHT. Contains allergens: Milk. Chalcium 6% India Carbohydrate 7g Calories 20 Cholesterol Omg 0% Sodium 550mg 23% Total Carbohydrate 7g 2% Dietary Fiber 4g 14% Sugars 2g Protein 11g Vitamin A 0% Vitamin C 0% Calcium 6% Iron 10% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending only values may be higher or lower depending only value way be higher or lower depending on your calorie needs. Calories 2,000 2,500	Sodium 15mg 1% Total Carbohydrate 16g 5% Dietary Fiber 2g 6% Sugars 1g Protein 0g Vitamin A 0% · Vitamin C 10% Calcium 0% · Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 300mg 300mg Sodium Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 300mg 300mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 · Carbs 4 · Protein 4 INGREDIENTS: Potato slices preserved with sodium bisulfite. Serving Size: 1/3 Cup (50g) Dry Servings Per Container: 29 Amount Per Serving Calories 170 Calories from Fat 5 **Calcium 10** Vitamin C 0% Calcium 10** Vitamin C 0% Calcium 10** Iron 15% **Percent Daily values are based on a 2,000 calorie diet. Your daily value may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Calories 2,000 2,500	Total Carbohydrate 37g 12% Dietary Fiber 0g 0% Sugars 0g Protein 3g Vitamin A
Sodium Omg 6% Potassium 210mg 6% Total Carbohydrate 18g 6% Dietary Fiber 2g 6% Sugars 12g Protein Og Vitamin A 0% Vitamin C 0% Calcium 10% Iron 0% Calcium 20% Iron 0% Calcium 20% Iron 0% Calcium 20% Iron 20% Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Bananas, coconut/vegetable oil, sugar/honey, natural flavoring. Serving Size: 1/4 Cup (37g) Dry Servings Per Container: 30 Amount Per Serving Calories 140 Calories from Fat 50 M Daily Value Total Fat 6g 9% Saturated Fat 1g 4% Trotal Carbohydrate 10g 3% Dietary Fiber 5g 19% Sugars 3g Protein 14g Vitamin A 2% Vitamin C 0% Calcium 8% Iron 15% Calcium 8% Iron 15% Sugars 3g Protein 14g Vitamin A 2% Vitamin C 0% Calcium 8% Iron 15% Sugars 3g Protein 14g Vitamin A 2% Vitamin C 0% Calcium 8% Iron 15% Sugars 3g Protein 14g Vitamin A 2% Vitamin C 0% Calcium 8% Iron 15% Sugars 3g Protein 14g Vitamin A 2% Vitamin C 0% Calcium 8% Iron 15% Sugars 3g Protein 14g Vitamin A 2% Vitamin C 0% Calcium 8% Iron 15% Sugars 3g Protein 14g Vitamin A 2% Vitamin C 0% Calcium 8% Iron 20% Sodium 2500 2,000 2,500 Total Fat Less than 300m 300 300 300 300 300 300 300 300 30	Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% • Vitamin C 15% Calcium 2% • Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potato gens (potato, canola oil [preserved with citric acid and BHT], salt, contains 2% or less of: artificial color, mono and diglycerides, natural and artificial flavor. Freshness preserved with sodium bisulfite and BHT. Contains allergens: Milk. Contains allergens: Milk. Contains allergens: Milk. Contains allergens to Calories from Fat 30 % Daily Value* Total Fat 3g 5% Saturated Fat 0g 0% Trans Fat 0g Cholesterol Omg 0% Sodium 550mg 23% Total Carbohydrate 7g 2% Dietary Fiber 4g 14% Sugars 2g Protein 11g Vitamin A 0% • Vitamin C 0% Calcium 6% • Iron 10% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Les	Sodium 15mg	Total Carbohydrate 37g 0% Dietary Fiber 0g 0% Sugars 0g Protein 3g Vitamin A 0% Vitamin C 0% Calcium 0% Iron 8% "Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs." Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Long grain white rice. Calories 80 Calories from Fat 0 % Daily Value* Total Fat 0g 0% Saturated Fat 0g 0% Sodium 115mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sodium 115mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sodium 115mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sugars 10g Protein 7g Vitamin A 10% Vitamin C 4% Vitamin D 25% Riboflavin 0% Calcium 35% Iron 0% Sugars 10g Protein 7g Vitamin A 10% Vitamin C 4% Vitamin D 25% Riboflavin 0% Calcium 35% Iron 0% Sugars 10g Protein 7g Vitamin A 10% Vitamin C 4% Vitamin D 25% Riboflavin 0% Calcium 35% Iron 0% Sugars 10g Protein 7g Vitamin A 10% Vitamin C 4% Vitamin D 25% Riboflavin 0% Calcium 35% Iron 0% Sugars 10g Protein 7g Vitamin A 10% Vitamin C 4% Vitamin D 25% Riboflavin 0% Calcium 35% Iron 0% Sugars 10g Protein 7g Vitamin A 10% Vitamin C 4% Vitamin D 25% Riboflavin 0% Calcium 35% Iron 0% Sugars 10g Protein 7g Vitamin A 10% Vitamin C 4% Vitamin D 25% Riboflavin 0% Calcium 35% Iron 0% Sugars 10g Protein 7g Vitamin A 10% Vitamin C 4% Vitamin D 25% Riboflavin 0% Calcium 35% Iron 0% Sugars 10g Calories Protein 4 Cerbs 4 Protein 4
Sodium Omg 6% Potassium 210mg 6% Total Carbohydrate 18g 6% Dietary Fiber 2g 6% Sugars 12g Protein Og Vitamin A 0% Vitamin C 0% Calcium 10% Iron 0% Calcium 20% 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Bananas, coconut/vegetable oil, sugar/honey, natural flavoring. INGREDIENTS: Bananas, coconut/vegetable oil, sugar/honey, natural flavoring Total Fat 6g 9% Saturated Fat 1g 4% Trotal Fat 6g 9% Saturated Fat 1g 4% Trans Fat 0g Cholesterol Omg 0% Sodium 850mg 36% Total Carbohydrate 10g 3% Dietary Fiber 5g 19% Sugars 3g Protein 14g Vitamin A 2% Vitamin C 0% Calcium 8% Iron 15% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 300 300 300 300 300 300 300 300 300 30	Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% • Vitamin C 15% Calcium 2% • Iron 2% Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potato gems (potato, canola oil [preserved with citric acid and BHT], salt, contains 2% or less of: artificial color, mono and diglycerides, natural and artificial flavor. Freshness preserved with sodium bisulfite and BHT. Contains allergens: Milk. Contains a	Sodium 15mg 1% Total Carbohydrate 16g 5% Dietary Fiber 2g 6% Sugars 1g Protein 0g Vitamin A 0% • Vitamin C 10% Calcium 0% • Iron 2% Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 50 9 259 Cholesterol Less than 300mg 300mg Sodium Less than 2,000 3,759 Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potato slices preserved with sodium bisulfite. Potato slices preserved with sodium bisulfite. Serving Size: 1/3 Cup (50g) Dry Servings Per Container: 29 Amount Per Serving Calories 170 Calories from Fat 5 % Daily Value* Total Fat 0.5g 1% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 10mg 3% Sodium Carbohydrate 36g 12% Dietary Fiber 3% Sodium Carbohydrate 36g 12% Dietary Fiber 28% Total Fat 0.5g 12% Dietary Fiber 28% Collesterol 10mg 3% Sodium Carbohydrate 36g 12% Dietary Fiber 18 than 19 4% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calories 170 Calories from Saturated Fat Less than 19 4% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calories 170 Calories from Saturated Fat Less than 19 4% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calories 170 Calories from Saturated Fat Less than 19 4% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calories 2,000 2,500 Total Carbohydrate 36g 12% Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Calories 2,000 2,500 Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Calories per gram: Fat 9 • Carbs 4 • Protein 4 Calories per gram: Fat 9 • Carbs 4 • Protein 4 Calories per gram: Fat 9 • Carbs 4 • Protein 4 Calories per gram: Fat 9 • Carbs 4 • Protein 4	Total Carbohydrate 37g 0% Dietary Fiber 0g 0% Sugars 0g Protein 3g Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 8% "Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g 25g Cholesterol Less than 300mg 3,00mg Sodium Less than 300mg 2,400mg 2,400mg 5 Less than 2,400mg 2,400mg 1 Less than 2,400mg 2,400mg 1 Less than 300g 3,75g Dietary Fiber 25g 3,0g Calories per gram: Fat 9 • Carbs 4 • Protein 4 1 Less than 2 Less than 2 Less than 3 L
Sodium Omg 6% Potassium 210mg 6% Total Carbohydrate 18g 6% Dietary Fiber 2g 6% Sugars 12g Protein Og Vitamin A 0% Vitamin C 0% Calcium 10% Iron 0% Percent Dally values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g 35urarded Fat Less than 20g 25g 30g Calories per gram: Fat 9 · Carbs 4 · Protein 4 INGREDIENTS: Bananas, coconut/vegetable oil, sugar/honey, natural flavoring. Serving Size: 1/4 Cup (37g) Dry Servings Per Container: 30 Amount Per Serving Calories 140 Calories from Fat 50 **Remain Staturated Fat Less than 2 de and 2 de	Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% · Vitamin C 15% Calcium 2% · Iron 2% Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 · Carbs 4 · Protein 4 INGREDIENTS: Potato gems (potato, canola oil [preserved with sodium bisulfite and BHT], salt, contains 2% or less of: artificial color, mono and diglycerides, natural and artificial flavor. Freshness preserved with sodium bisulfite and BHT. Contains allergens: Milk. Contai	Sodium 15mg 1% Total Carbohydrate 16g 5% Dietary Fiber 2g 6% Sugars 1g Protein 0g Vitamin A 0% • Vitamin C 10% Calcium 0% • Iron 2% Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 55g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potato slices preserved with sodium bisulfite. Serving Size: 1/3 Cup (50g) Dry Servings Per Container: 29 Amount Per Serving Calories 170 Calories from Fat 5 % Daily Value Total Fat 0.5g 1% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 10mg 3% Sodium 670mg 28% Total Carbohydrate 36g 12% Dietary Fiber less than 1g 4% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 15% Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 170 Calories from Fat 5 Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 15% Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 300mg 375g Dietary Fiber less than 10g 2,500 Total Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 300mg 375g Dietary Fiber less than 2,400mg 2,400mg Total Carbohydrate 30g 375g Sodium Less than 2,400mg 2,400mg Total Carbohydrate 30g 375g Sodium Less than 300mg 300mg Sodium Less than 300mg 300mg Sodium Less than 300mg 375g Sodium Less than 300mg 300mg Sodium Less than 300mg 300m	Total Carbohydrate 37g 12% Dietary Fiber Og 0% Sugars Og
Sodium Omg 6% Potassium 210mg 6% Total Carbohydrate 18g 6% Dietary Fiber 2g 6% Sugars 12g Protein Og Vitamin A 0% Vitamin C 0% Calcium 10% Iron 0% Fercent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g 35urarted Fat Less than 20g 25g 30g Calories per gram: Fat 9 · Carbs 4 · Protein 4 INGREDIENTS: Bananas, coconut/vegetable oil, sugar/honey, natural flavoring. Serving Size: 1/4 Cup (37g) Dry Servings Per Container: 30 Amount Per Serving Calories from Fat 50 **Remonth Per Serving Calories from Fat 50 **Saturated Fat 1g 4% Trans Fat 0g Cholesterol Omg 0% Sodium 850mg 36% Total Fat 6g 9% Saturated Fat 1g 4% Trans Fat 0g Cholesterol Omg 0% Sodium 850mg 36% Total Carbohydrate 10g 3% Dietary Fiber 5g 19% Sugars 3g Protein 14g Vitamin A 2% Vitamin C 0% Calories 14g Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 300 g	Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% · Vitamin C 15% Calcium 2% · Iron 2% Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 · Carbs 4 · Protein 4 INGREDIENTS: Potato gems (potato, canola oil [preserved with sodium bisulfite and BHT], salt, contains 2% or less of: artificial color, mono and diglycerides, natural and artificial flavor. Freshness preserved with sodium bisulfite and BHT. Contains allergens: Milk. Contai	Sodium 15mg 1% Total Carbohydrate 16g 5% Dietary Fiber 2g 6% Sugars 1g Protein 0g Vitamin A 0% • Vitamin C 10% Calcium 0% • Iron 2% Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 500mg 300mg Sodium Less than 20g 25g Cholesterol Less than 300mg 300mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potato slices preserved with sodium bisulfite. Potato slices preserved with sodium bisulfite. Nutrition Facts Serving Size: 1/3 Cup (50g) Dry Servings Per Container: 29 Amount Per Serving Calories 170 Calories from Fat 5 % Daily Value* Total Fat 0.5g 1% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 10mg 3% Sodium 670 No Vitamin C 0% Calcium 10% • Iron 12% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 10mg 3% Sodium 670 No Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Potein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Potein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Potein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Potein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Sugars 6g	Total Carbohydrate 37g 0% Dietary Fiber 0g 0% Sugars 0g Protein 3g Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 8% "Percent Daily values rasy be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Long grain white rice. Calories So Calories from Fat 0 % Daily Value* Total Fat 0g 0% Saturated Fat 0g 0% Sodium 115mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sodium 115mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sodium 15mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sodium 15mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sodium 15mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sodium 15mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sodium 15mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sodium 15mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sodium 15mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sodium 15mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sodium 15mg 5% Total Carbohydrate 10g 4% Dietary Fiber 0g 0% Sodium 35% 1 1ron 0% Sodium 35% 1 1ron 0% Calcium 35% 1 1ron 0% Calcium 35% 1 1ron 0% Sodium 15mg 200 2500 Total Fat Less than 2,400mg 2,400mg Sodiore Less than 300mg 300mg Sodiore Less than 2,400mg 2,400mg Total Carbohydrate 205g 35g Calories per gram: Fat 9 • Carbs 4 • Protein 4
Sodium Omg	Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% • Vitamin C 15% Calcium 2% • Iron 2% "Percent Daily values are based on a 2,000 calorie det Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potago gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potago gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potago gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potago gram: Fat 9 • Carbs 4 • Protein 4 Amount Per Serving Calories 90 Calories from Fat 30 % Daily Value* Total Fat 3g Cholesterol Omg Owk Sodium 550mg Tans Fat 0g Cholesterol Omg Cholesterol Omg Cholesterol Omg Owk Sodium 550mg Total Carbohydrate 7g Z% Dietary Fiber 4g Less than 2,000 2,500 Total Fat 2g Protein 11g Vitamin A 0% • Vitamin C 0% Calcruent Daily value alorie needs beighter or lower depending on your calorie new joe heighter or lower depending on your calorie new joe heighter or lower depending on your calorie new joe heighter or lower depending on your calorie new joe heighter or lower depending on your calorie new joe heighter or lower depending on your calorie new joe heighter or lower depending on your calorie new joe heighter or lower depending on your calorie new joe heighter or lower depending on your calorie new joe heighter or lower depending on your calorie new joe heighter or lower depending on your calorie new joe heighter or lower depending on your calorie new joe heighter or lower depending on your calorie new joe heighter or lower depending on your calorie new joe heighter or lower depending on your calorie new joe heighter or lower depending on your calorie new joe heighter or lower depending on your calorie new joe heigh	Sodium 15mg 1% Total Carbohydrate 16g 5% Dietary Fiber 2g 6% Sugars 1g Protein 0g Vitamin A 0% • Vitamin C 10% Calcium 0% • Iron 2% Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 500mg 300mg Sodium Less than 20g 25g Cholesterol Less than 300mg 300mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potato slices preserved with sodium bisulfite. Potato slices preserved with sodium bisulfite. Nutrition Facts Serving Size: 1/3 Cup (50g) Dry Servings Per Container: 29 Amount Per Serving Calories 170 Calories from Fat 5 % Daily Value* Total Fat 0.5g 1% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 10mg 3% Sodium 670 No Vitamin C 0% Calcium 10% • Iron 12% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 10mg 3% Sodium 670 No Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Potein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Potein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Potein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Potein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 12% Sugars 5g Sugars 6g	Total Carbohydrate 37g 0% Dietary Fiber 0g 0% Sugars 0g Protein 3g Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 8% "Percent Daily values rasy be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Long grain white rice. Calories So Calories from Fat 0 % Daily Value* Total Fat 0g 0% Saturated Fat 0g 0% Sodium 115mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sodium 115mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sodium 15mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sodium 15mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sodium 15mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sodium 15mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sodium 15mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sodium 15mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sodium 15mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sodium 15mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sodium 15mg 5% Total Carbohydrate 10g 4% Dietary Fiber 0g 0% Sodium 35% 1 1ron 0% Sodium 35% 1 1ron 0% Calcium 35% 1 1ron 0% Calcium 35% 1 1ron 0% Sodium 15mg 200 2500 Total Fat Less than 2,400mg 2,400mg Sodiore Less than 300mg 300mg Sodiore Less than 2,400mg 2,400mg Total Carbohydrate 205g 35g Calories per gram: Fat 9 • Carbs 4 • Protein 4
Sodium Omg	Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% • Vitamin C 15% Calcium 2% • Irron 2% *Percent Daily values are based on a 2,000 calorie det. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 300mg 300mg Sodium Less than 300mg 300mg Total Carbohydrate 300g 375g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potato gerns (polato, canola cil [preserved with trich acid and BHT], salt, contains 2% or less of: artificial color, mone and dialycerides, natural and artificial flavor. Freshness preserved with sodium bisulfite and BHT. Contains allergens: Milk. DEHYDRATED DICED CARROTS	Sodium 15mg 1% Total Carbohydrate 16g 5% Dietary Fiber 2g 6% Sugars 1g Protein 0g Vitamin A 0% Vitamin C 10% Calcium 0% Iron 2% Percent Daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 300mg 300mg Sodium Less than 20g 25g Cholesterol Less than 300mg 300mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 · Carbs 4 · Protein 4 INGREDIENTS: Potato slices preserved with sodium bisulfite. Serving Size: 1/3 Cup (Sog) Dry Servings Per Container: 29 Amount Per Serving Calories 170 Calories from Fat 5 % Daily Value Total Fat 0.5g 13% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 10mg 3% Sodium 670mg 28% Sodium 670mg 28% Sodium 670mg 28% Sodium 670mg 28% Calories 10 carbohydrate 36g 12% Dietary Fiber less than 1g 4% Sugars 5g Protein 5g Vitamin A 0% · Vitamin C 0% Calorie diet. Your daily values are ab a bigher or lower depending on your calorie needs. Calories 10 calories from 15% Calories 10 carbohydrate 36g 12% Dietary Fiber less than 1g 4% Sugars 5g Protein 5g Vitamin A 0% · Vitamin C 0% Calorie diet. Your daily values are ab a bigher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol 10mg 375g Dietary Fiber less than 20g 25g Calories 10 calories from 15% Calories from 15% Calories 10 calories from 15% Calories from 15% Calories 60 calories from 15% Calo	Total Carbohydrate 37g 12% Dietary Fiber Og 0% Sugars Og Protein 3g Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 8% "Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Long grain white rice. Serving Size: 5 Tbsp (21g) Dry Servings Per Container: 39 Amount Per Serving Calories 80 Calories from Fat 0 % Daily Valuer Total Fat 0g 0% Saturated Fat 0g 0% Saturated Fat 0g 0% Sodium 115mg 5% Total Carbohydrate 11g 4% Olietary Fiber 0g 0% Sodium 115mg 5% Total Carbohydrate 11g 4% Vitamin D 2% • Vitamin C 4% Sugars 10g Protein 7g Vitamin A 10% • Vitamin C 4% Calories 80 Calories may be higher or lower depending on your sold on a 2,000 "Porcent Daily value are blass and polipher or lower depending on your sold on a 2,000 "Porcent Daily value are blass and you spilone or lower depending on your sold on a 2,000 "Porcent Daily value your blass and you spilone or lower depending on your sold your your your your your your your your
Sodium Omg	Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% • Vitamin C 15% Calcium 2% • Iron 2% Percent Dally values may be higher or lower depending on your calcior needs. Calories 2,000 2,500 Total Fat Less than 30g 35g Cholesterol Less than 30g 35g Cholesterol Less than 30g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 Carbs 4 • Protein 4 INGREDIENTS: Potato gram Spotato, canda oil preserved with citric acid and BHT is all contains 2% or less oft acid files of the citric and artificial color, mone and digiverides, natural and artificial flavor. Freshness preserved with sodium bisulfite and BHT. Contains allergens: Milk. Contains allergens: Milk. DEHYDRATED DICED CARROTS Saturated Fat 0g 0% Sodium 550mg 23% Total Fat 3g 5% Saturated Fat 0g 0% Sodium 550mg 23% Total Carbohydrate 7g 2% Dietary Fiber 4g 14% Sugars 2g Protein 11g Vitamin A 0% • Vitamin C 0% Calcium 6% • Iron 10% *Sugars 2g Protein 11g Vitamin A 0% • Vitamin C 0% Calcium 6% • Iron 10% *Sugars 2g Protein 11g Vitamin A 0% • Vitamin C 0% Calcium 6% • Iron 10% *Sugars 2g Protein 11g Vitamin A 0% • Vitamin C 0% Calcium 6% • Iron 10% *Sugars 2g Protein 11g Vitamin A 0% • Vitamin C 0% Calcium 6% • Iron 10% *Sugars 2g Protein 11g Vitamin A 0% • Vitamin C 0% Calcium 6% • Iron 10% *Percent Dally values are based on a 2,000 calorie det. Vour daily values may be higher or lower depending on your celorie needs. Contains allergens: Soy. Calciur 6% • Iron 10% *Percent Dally values are Dased on a 2,000 Calorie detar Country of the methyler or lower depending on your celorie needs. Contains allergens: Soy. Calciur 6% • Iron 10% *Percent Dally values are Dased on a 2,000 Calciur 6% • Iron 10% *Percent Dally values are Dased on a 2,000 Calciur 6% • Iron 10% *Percent Dally values are Dased on a 2,000 Calciur 6% • Iron 10% *Percent Dally values are Dased on a 2,000 Calciur 6% • Iron 10% *Percent Dally values are Dased on a 2,000 Calciur 6% • Iron 10% *Percent Dally values are Dased on a 2,000 Calciur 6% • Iron 10% *	Sodium 15mg 11% Total Carbohydrate 16g 5% Dietary Fiber 2g 6% Sugars 1g Protein 0g Vitamin A 0% • Vitamin C 10% Calcium 0% • Iron 2% **Percent Daily values are based on a 2,000 calorie deft. Your daily values may be higher or lower depending on your calorie needs. **Calories 2,000 2,500 Total Fat Less than 2,000 2,500 Saturated Fat Less than 200g 25g Cholesterol Less than 2,000g 3,50g Dietary Fiber 25g 30g Calories Per 125g Calories	Total Carbohydrate 37g 12%
Sodium Omg 65% Total Carbohydrate 18g 65% Dietary Fiber 2g 65% Sugars 12g Protein Og Vitamin A 0% Vitamin C 0% Calcium 10% Iron 0% *Percent Daliy values are based on a 2,000 Total Fat Less than 65g 80g Saturated Fat Less than 200g 25g Cholesterol Less than 300g 305g Dietary Fiber 2g 30g Sodium Less than 200g 35g Dietary Fiber 2g 30g Calories per gram: Fat 9 * Carbs 4 * Protein 4 INGREDIENTS: Bananas, coconat/vegetable oil, sugar/honey, natural flavoring. Total Fat 6g 9% Saturated Fat 1g 4% Trans Fat 0g Cholesterol Omg 0% Sodium 850mg 36% Total Carbohydrate 10g 3% Dietary Fiber 5g 19% Saturated Fat 1g 4% Trans Fat 0g Cholesterol Omg 0% Sodium 850mg 36% Total Carbohydrate 10g 3% Dietary Fiber 5g 19% Sugars 3g Protein 14g Vitamin A 2% Vitamin C 0% Calciving 8% Iron 15% Sugars 3g Protein 14g Vitamin A 2% Vitamin C 0% Calcium 8% Iron 15% Sugars 3g Protein 14g Vitamin A 2% Vitamin C 0% Calcium 8% Iron 15% Sugars 3g Protein 14g Vitamin A 2% Vitamin C 0% Calcium 8% Iron 15% Percent Dally values are based on a 2,000 Calcium 6 % Iron 15% Sugars 3g Protein 14g Vitamin A 2% Vitamin C 0% Calcium 8% Iron 15% Sugars 3g Protein 14g Vitamin A 2% Vitamin C 0% Calcium 8% Iron 15% Sugars 3g Protein 14g Vitamin A 2% Vitamin C 0% Calcium 8% Iron 15% Sugars 3g Protein 14g Vitamin A 2% Vitamin C 0% Calcium 8% Iron 15% Sugars 3g Protein 14g Vitamin A 2% Vitamin C 0% Calcium 8% Iron 15% Sugars 3g Protein 14g Vitamin A 2% Vitamin C 0% Calcium 8% Iron 15% Serving Size: 3 / 2 Fost 2 Fost 3 Fost	Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% • Vitamin C 15% Calcium 2% • Iron 2% Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calcium 2 26 2,000 2,500 Total Fat Less than 65 89 Saturated Fat Less than 2,400mg 2,400mg Sodium Sep 2 25g 30g Calorise par gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potato gems (potato, canalse all [preserved with ciric acid and BHT]. salt, contains 2% or less of artificial color, more and diplycreds, natural and artificial flavor. Freshness preserved with sodium bisulfite and BHT]. salt, contains 2% or less of artificial color, more and diplycreds, natural and artificial flavor. Freshness preserved with sodium bisulfite and BHT]. salt, contains 2% or less of artificial color, more and diplycreds, natural and artificial flavor. Freshness preserved with sodium bisulfite and BHT]. salt, contains 2% or less of artificial color, more and diplycreds, natural and artificial flavor. Freshness preserved with sodium 55 mg Total Fat 3g 5% Saturated Fat 0g 0% Trans Fat 0g Cholesterol Omg 0% Sodium 550mg 23% Total Carbohydrate 7g 2% Dietary Fiber 4g 14% Suprated 3g 30g Sodium 550mg 23% Dietary Fiber 4g 14% Suprated 3g 30g Sodium 550mg 23% Total Carbohydrate 7g 2% Calcium 6% Iron 10% Parcent Daily values may be higher or lower depending on your calcium eads. Calcium 6% Iron 10% Calcium	Sodium 15mg 11% Total Carbohydrate 16g 5% Dietary Fiber 2g 6% Sugars 1g Protein 0g Vitamin A 0% • Vitamin C 10% Calcium 0% • Iron 2% "Percent Dally values are based on a 2,000 calorie defet Your delly values may be higher or lower depending en your calorie reeds. Calcium 6g 2000 2,500 Total Fat Less than 2000 25g Cholesterol Less than 200g 35g Saturated Fat Less than 200g 35g Dietary Fiber 25g 30g Calories per gran: Fat 9 • Carba 4 • Protein 4 INGREDIENTS: Potato sifices preserved with sodium bisulfite. INGREDIENTS: Servings Per Container: 29 Amount Per Serving Calories 170 Calories from Fat 5 Saturated Fat 0g 0% Trans Fat 0g Cholesterol 10mg 3% Sodium 62mg Calcium 10% • Iron 15% Calcium	Total Carbohydrate 37g 12% Dietary Fiber 0g 0% Sugars 0g Protein 3g Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 8% Percent Daily values are based on a 2,000 caloric diet. Vour daily values may be higher or lower depending on your caloric needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 200g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4 NGREDIENTS: Long grain white rice. Ruturated Fat Og 0% Saturated Fat Og 0% Sodium 115mg 5% Total Fat Less than 65g 80g Sodium 115mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sugars 10g Protein 7g Vitamin A 10% • Vitamin C 4% Vitamin D 25% • Riboflavin 0% Calcium 35% • Iron 0% - Parcent Daily variage are based on the 1,000 of 2,000 of
Sodium Omg	Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% • Vitamin C 15% Calcium 2% • Iron 2% Ferrent Daily values may be higher or lower depending on your Calorier dect. Your daily values may be higher or lower depending on your Calories 2,000 2,500 Total Fat Less than 65g 80g, Saturated Fat Less than 2,400mg 2,400mg Sodium Sodium Less than 2,400mg 2,400mg Sodium	Sodium 15mg 11% Total Carbohydrate 16g 5% Dietary Fiber 2g 6% Sugars 1g Protein 0g Vitamin A 0% • Vitamin C 10% Calcium 0% • Iron 2x% Percent Dally values are based on a 2,000 calorie det. Your diese stope to beed to a 2,000 calorie det. Your diese stope to a 2,000 calorie det. Your diese stope to a 2,000 calorie det. Your diese stope to a 2,000 Total Fat Less than 5g 30 30g Saturated Fat Less than 200g 25g Cholesterol Less than 300g 375g Dietary Fiber 25g 30g Calories 2000 25g Dietary Fiber 25g 30g Calories per graen: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potato sirces preserved with sodium bisulfite. Servings Far Container: 29 Amount Per Serving Calories 170 Calories from Fat 5 Saturated Fat 0g 0% Trans Fat 0g Cholesterol 10mg 3% Sodium 670mg 28% Total Carbohydrate 36g 12% Dietary Fiber less than 1g 4% Sugars 5g Protein 5g Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 15% Percent Daily values are based on a 2,000 calorie diet Your daily value time to be eds. Calcium 10% • Iron 15% Percent Daily values are based on a 2,000 calorie diet Your daily value time to be eds. Calcium 10% • Vitamin C 0% Calcium 10% • Iron 15% Percent Daily values are based on a 2,000 calorie diet Your daily value time to be eds. Calcium 10% • Vitamin C 0% Calciu	Total Carbohydrate 37g 12% Dietary Fiber 0g 0% Sugars 0g Protein 3g Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 8% Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 55g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 30mg 30mg Sodium Less than 2,400mg 2,400mg Sodium Less than 2,400mg 2,400mg Sodium Less than 2,59 375g Dietary Fiber 0g Calories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Long grain white rice. Serving Size: 5 Tbsp (21g) Dry Servings Per Container: 39 Amount Per Serving Calories 80 Calories from Fat 0 % Daily value. Total Fat 0g Cholesterol Omg 0% Sodium 115mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g Sugars 10g Protein 7g Vitamin A 10% • Vitamin C 4% Vitamin D 25% • Riboffavin 0% Calcium 35% Iron 0% Sugars 10g Protein 7g Vitamin A 10% • Vitamin C 4% Vitamin D 25% • Riboffavin 0% Calcium 35% Iron 0% Sodium 115mg 5% Total Carbohydrate 11g 4% Dietary Fiber 0g 0% Sugars 10g Protein 7g Vitamin A 10% • Vitamin C 4% Vitamin D 25% • Riboffavin 0% Calcium 35% Iron 0% Sodium 15mg 5% Servings Per Calories from Fat 0 % Daily values are based on a 2,000mg Sodium 15mg 5% 10mg Sodium 15mg 5% 25g Sodium 15mg 5% Servings Per Calories from Fat 0 % Daily values are based on 3,00mg Sodium 15mg 5% 10mg Sodium 15mg 5% 25g Sodium 15mg 5% 25g Sodium 15mg 5% 25g Sodium 2
Sodium Omg	Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% Vitamin C 15% Calcium 2% Iron 2% Percent Daily values are based on a 2,000 colore diet. Your daily values are behave on a 2,000 colore diet. Your daily value may be higher or lower depending on your calcium exest. Calcium 28 2,000 2,500 Total Fat Less than 2,000 2,500 Sodium Less than 2,400mg 2,400mg Sodium Less than 3,00g 375g Dietary Fiber 25g 30g Calories per gram. Fat 9 + Carbs 4 + Protein 4 INGREDIENTS: Potato gens (potato, canola oil [preserved with critra acid and 8HT]), salt, contains 2% or less of a stratificial fibors and digity exercised and 8HT], salt, contains 2% or less of a stratificial fibors and digity exercised and 8HT], salt, contains 2% or less of a stratificial fibors and digity exercised and 8HT], salt, contains 2% or less of a stratificial fibors and digity exercised and 8HT], salt, contains 2% or less of a stratificial fibors and digity exercised and 8HT], salt, contains 2% or less of a stratificial fibors and digity exercised and 8HT]. Salt, contains 2% or less of a stratificial fibors and digity exercised and 8HT], salt, contains 2% or less of a stratificial fibors. Contains allergens: Milk. Contains allergens: Milk. Contains allergens: Milk. DEHYDRATED DICEATOR TO Gady by Salturated Fat 0g 0% Trans Fat 0g Cholesterol Omg 0% Sodium 550mg 23% Total Carbohydrate 7g 2% Dietary Fiber 4g 14% Sugars 2g Protein 1g Vitanin A 0% Vitamin C 0% Calcines 2,000 2,000 Sodium 6 % Vitamin C 0% Total Carbohydrate 7g 2% Dietary Fiber 8g 1% Cholesterol Omg 0% Total Carbohydrate 7g 2% Dietary Fiber 8g 1% Cholesterol Omg 0% Total Carbohydrate 7g 2% Dietary Fiber 8g 1% Dietary Fiber 8g 1% Dietary Fiber 8g 1% Dietary Fiber 8g 12%	Sodium 15mg 1% Total Carbohydrate 16g 5% Dietary Fiber 2g 6% Sugars 1g Protein 0g Vitamin A 0% Vitamin C 10% Calcium 0% Iron 2% Percent Daily values are based on a 2,000 calorie delte. Your daily values may be higher or lower depending on your calorie needs. Calories 12,000 2,250 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300g 375g Dietary Fiber 23g 30g Calories per gram: Fat 9 a Carb 4. Protein 4 INGREDIENTS: Potato silices preserved with sodium bisulfite. Nutrition Facts Serving Size: 1/3 Cup (50g) Dry Servings Per Container: 29 Amount Per Serving Calories 170 Calories from Fat 5 Saturated Fat 0g 0% Trans Fat 0g Cholesterol 10mg 3% Sodium 670mg 28% Total Carbohydrate 36g 12% Dietary Fiber 18s than 1g 4% Sugars 5g Protein 5g Vitamin A 0% Vitamin C 0% Calcium 10% Iron 15% -Percent Daily values are based on a 2,000 calorie total carbohydrate 36g 80g Saturated Fat 0g 0,306 Total Carbohydrate 30g 28% Total Carbohydrate 30g 28% Total Carbohydrate 30g 375g Calories profess from Fat 5 Serving Size: 1/3 Cup Calories from 6at 5 Vitamin A 0% Vitamin C 0% Calcium 10% Iron 15% -Percent Daily values are based on a 2,000 calorie total carbohydrate 30g 375g Calories profess from 6at 5 Surgars 5g Protein 5g Vitamin A 0% Vitamin C 0% Calcium 10% Iron 15% -Percent Daily values are based on a 2,000 calorie total carbohydrate 30g 375g Calories per gram: Fat 9 Carbs 4 Protein 4 INGREDIENTS: Calor flour (wheat flour, inacin, reduced iron, the first of	Total Carbohydrate 37g 12%
Sodium Omg	Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% • Vitamin C 15% Calcium 2% • Iron 2% Percent Daily values are based on a 2,000 calorie fate Your Calcives 20,000 2,500 Total Fat Lest than 65g 80g Saturated Fat Lest than 20g 25g Cholesterol Lest than 300 30 30 30 30 30 30 30 30 30 30 30 30	Sodium 15mg 1% Total Carbohydrate 16g 5% Dietary Filber 2g 6% Sugars 1g Protein 0g Vitamin A 0% • Vitamin C 10% Calcium 0% • Iron 2% **Percent Daily values are based on a 2,000 calonic delst. 2000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 300mg 375g Dietary Filber 2g 3g 300g Calories par garm Fat 9 Carbs 4 • Protein 4 INGREDIENTS: Potato silces preserved with sodium bisulfite. **Potato silces preserved with sodium bisulfite.** **Nutrition Facts** Servings Per Container: 29 Amount Per Serving Calories 170 Calories from Fat 5	Total Carbohydrate 37g
Sodium Omg	Total Carbohydrate 22g 7% Dietary Fiber 2g 8% Sugars 1g Protein 2g Vitamin A 0% • Vitamin C 15% Calcium 2% • Iron 2% Fercent Daily values are based on a 2,000 Total Fat Less than 55g 80g Saturated Fat Less than 20g 25g Sodium 2000 Total Fat Less than 20g 25g Sodium 200 Total Fat Less than 20g 25g Sodium 200 Total Fat Less than 20g 275g Dietary Fiber 25g 30g Galories per gram: Fat 9 • Carbs 4 • Protein 4 INGREDIENTS: Potato gems (potato, canolic oil [preserved with socilum artificial flavor Freshinss preserved with socilum ar	Sodium 15mg 1% Total Carbohydrate 16g 5% Dietary Filber 2g 6% Sugars 1g Protein 0g Vitamin A 0% • Vitamin C 10% Calcium 0% • Iron 2% -Percent Daily values are based on a 2,000 calorie delt. Your daily values are based on a 2,000 calorie delt. Your daily values are based on a 2,000 calorie delt. Your daily values are based on a 2,000 Total Fat Less than 300mg 300mg Saturated Fat Less than 200 25g Cholesterol Less than 300mg 300mg Total Carbohydrate 300g 375g Dietary Filber 25g 300g Calories per gram: Fat 9 · Carbs 4 · Protein 4 INGREDIENTS: Potato slices preserved with sodium bisulfite. Nutrition Facts Serving Size: 1/3 Cup (50g) Dry Servings Per Container: 29 Amount Per Serving Calories 170 Calories from Fat 5 Total Fat 0.5g 1½ Saturated Fat 0g 0% Trans Fat 0g Cholesterol 10mg 3% Sodium 670mg 28% Total Carbohydrate 36g 12% Dietary Filber less than 1g 4% Sugars 5g Protein 5g Vitamin 10% · Vitamin 0 15% Calories 120, 2000 2, 2000 Calories delt. Votalily values are based on a 2,000 calories delt. Votalily values are based on a 2,000 calories delt. Votalily values are based on a 2,000 Calories 100 00% Total Fat Less than 65g 180g Saturated Fat 0g 0% Calories 120, 2000 2, 2000 Calories 2000 2,	Total Carbohydrate 37g

CREAMY WHEAT

Nutrition Facts

Calories 180 Calories from Fat 5

% Daily Value*

1%

0%

0%

13%

4%

0%

4%

80g

300mg

Serving Size: 1/4 Cup (50g) Dry

Servings Per Container: 36

CEREAL

Amount Per Serving

Total Fat 0.5g

Trans Fat Og

Sodium Omg

Sugars 1g

Protein 6g

Calcium

Total Fat

Sodium

Cholesterol

Dietary Fiber

Farina (Wheat).

Total Carbohydrate

Cholesterol Omg

Saturated Fat Og

Total Carbohydrate 38g

Vitamin A 0% • Vitamin C

lower depending on your calorie needs.

Calories

Less than

Less than

Calories per gram: Fat 9 • Carbs 4 • Protein 4

0% • Iron

*Percent Daily values are based on a 2,000

calorie diet. Your daily values may be higher or

2,000

65g

20g

25g

300mg

Less than 2,400mg 2,400mg

Dietary Fiber 1g

Saturated Fat Less than

INGREDIENTS:

Contains allergens: Wheat.

BLUEBERRY

Amount Per Serving

Total Fat 2.5g

Trans Fat Og

Sodium 700mg

Sugars 11g

Protein 7g

Calcium

Total Fat

Sodium

Cholesterol

Dietary Fiber

Total Carbohydrate

Cholesterol 15mg

Saturated Fat 1.5g

Total Carbohydrate 56g

Vitamin A 0% • Vitamin C

lower depending on your calorie needs.

15% • Iron

*Percent Daily values are based on a 2,000

calorie diet. Your daily values may be higher or

Calories

Less than 300mg

Calories per gram: Fat 9 • Carbs 4 • Protein 4

Cake flour (bleached wheat flour, niacin, iron [reduced iron], thiamine mononitrate, riboflavin, folic acid), artificial blueberry bits (dextrose,

hydrogenated palm oil, corn flour, artificial flavor, blue #2 lake, red #40 lake), sugar, soy flour, dextrose, buttermilk powder, corn starch,

soybean oil, natural and artificial flavor.

Contains allergens: Milk, eggs, soy and wheat.

baking soda, sodium acid pyrophosphate, salt, monocalcium phosphate, whole eggs (whole eggs, sodium silicoaluminate [as an anticaking agent]),

Less than

2,000

65g

20g

300g

25g

Less than 2,400mg 2,400mg

Dietary Fiber 2g

Saturated Fat Less than

INGREDIENTS:

PANCAKE MIX

Nutrition Facts

Calories 290 Calories from Fat 20

% Daily Value*

8%

4%

29%

19%

6%

0%

25%

80g

25g

300mg

Serving Size: 1/2 Cup (79g) Dry

Servings Per Container: 19

(1 can)

CHOCOLATE FUDGE

Nutrition Facts

Calories 150 Calories from Fat 15

% Daily Value*

2%

0%

0%

6%

11%

0%

10%

80g

300mg

Serving Size: 1/4 Cup (39g) Dry

Servings Per Container: 45

Amount Per Serving

Total Fat 1.5g

Trans Fat Og

Sodium 150mg

Sugars 18g

Protein 3g

Calcium

Total Fat

Sodium

Cholesterol

Total Carbohydrate

Dietary Fiber

Cholesterol Omg

Saturated Fat Og

Total Carbohydrate 32g

Vitamin A 0% • Vitamin C

0% •

lower depending on your calorie needs.

*Percent Daily values are based on a 2,000

calorie diet. Your daily values may be higher or

Calories

Less than 300mg

Calories per gram: Fat 9 • Carbs 4 • Protein 4

Sugar, unbleached pastry flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid, enzyme), corn syrup solids,

dextrose, dutched cocoa (cocoa [processed with alkali]), egg whites (egg whites and less than 0.1 percent sodium lauryl sulfate added as a whipping

agent), shortening (partially hydrogenated soybean and cottonseed oil), cocoa, non-iodized salt, powdered shortening (mono and diglycerides

[from partially hydrogenated soybean oil] with mixed tocopherols, ascorbic acid and citric acid [antioxidants]), wheat starch, vanilla flavor

(dextrose, corn starch, water, alcohol), egg yolks, baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium

Less than

Iron

2,000

Less than 2,400mg 2,400mg

65g

300g

25g

Dietary Fiber 1g

Saturated Fat Less than

INGREDIENTS:

phosphate), baking soda.

Contains allergens: Egg and wheat.

DEHYDRATED

(3 cans)

SPINACH FLAKES

Nutrition Facts

Calories from Fat 0

% Daily Value*

0%

0%

2%

1%

25%

8%

80g

30g

300mg

Serving Size: 1/4 Cup (5g) Dry

Servings Per Container: 45

Amount Per Serving

Calories 10

Total Fat Og

Trans Fat Og

Sodium 45mg

Sugars Og

Protein 2g

Calcium

Total Fat

Sodium

Cholesterol

Total Carbohydrate

Dietary Fiber

Cholesterol Omg

Saturated Fat Og

Total Carbohydrate 2g

Dietary Fiber less than 1g

Vitamin A 10% • Vitamin C

6% •

lower depending on your calorie needs

*Percent Daily values are based on a 2,000

calorie diet. Your daily values may be higher or

Less than 300mg

Calories per gram: Fat 9 • Carbs 4 • Protein 4

Calories

Less than

Saturated Fat Less than

INGREDIENTS:

Iron

2,000

65g

20g

300g

25g

Less than 2,400mg 2,400mg

DEHYDRATED DICED

Nutrition Facts

Calories 15 Calories from Fat 0

Vitamin A 20% • Vitamin C 160%

0% • Iron

*Percent Daily values are based on a 2,000

calorie diet. Your daily values may be higher or

Less than 300mg

Calories per gram: Fat 9 • Carbs 4 • Protein 4

Red and green diced bell peppers, dehydrated.

handles wheat, egg, milk, soybean, peanut, cashew, walnut, and almond products.

Contains allergens: Processed in a plant that

2,000

Less than 2,400mg 2,400mg

65g

20g

300g

25g

lower depending on your calorie needs

Calories

Less than

Serving Size: 1 Tbsp (5g) Dry

Servings Per Container: 113

Amount Per Serving

Total Fat Og

Sodium 5mg

Sugars 1g

Protein 1g

Calcium

Total Fat

Sodium

Cholesterol

Total Carbohydrate

Dietary Fiber

Saturated Fat Og

Total Carbohydrate 4g

Dietary Fiber 1g

Saturated Fat Less than

INGREDIENTS:

BLACK TURTLE

Nutrition Facts

Calories 150 Calories from Fat 0

0% • Vitamin C

2,000

65g

20g

300mg

300g

25g

Less than 2,400mg 2,400mg

2% • Iron

*Percent Daily values are based on a 2,000

calorie diet. Your daily values may be higher or

Calories per gram: Fat 9 • Carbs 4 • Protein 4

lower depending on your calorie needs

Calories

Less than

Less than

% Daily Value*

0%

0%

0%

0%

10%

40%

0%

10%

2,500

80g

25g

30g

300mg

Serving Size: 1/4 Cup (46g) Dry

Servings Per Container: 49

BEANS (3 cans)

Amount Per Serving

Total Fat Og

Saturated Fat Og

Total Carbohydrate 29g

Dietary Fiber 10g

Saturated Fat Less than

INGREDIENTS:

Trans Fat Og

Cholesterol Omg

Sodium Omg

Sugars Og

Protein 10g

Vitamin A

Calcium

Total Fat

Sodium

Cholesterol

Total Carbohydrate

Dietary Fiber

Trans Fat Og

Cholesterol Omg

BELL PEPPERS (RED & GREEN) BROWNIE MIX

% Daily Value*

0%

0%

0%

0%

1%

3%

2,500

80g

25g

300mg

(2 cans)

SCRAMBLED EGG MIX

Nutrition Facts

Calories 60 Calories from Fat 35

% Daily Value*

6%

5%

54%

4%

1%

0%

0%

2%

80g

25g

300mg

Serving Size: 2 Tbsp (11g) Dry

Servings Per Container: 92

Amount Per Serving

Total Fat 4g

Saturated Fat 1g

Cholesterol 165mg

Total Carbohydrate 2g

Vitamin A 0% • Vitamin C

6% • Iron

*Percent Daily values are based on a 2,000

calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories per gram: Fat 9 • Carbs 4 • Protein 4

2,000

65g

20g

300g

25g

Less than 2.400mg 2.400mg

Calories

Less than

Cholesterol Less than 300mg

Whole eggs, nonfat dry milk, vegetable oil.

Dietary Fiber Og

Saturated Fat Less than

INGREDIENTS:

Contains allergens: Milk and eggs.

HONEY WHEAT

BREAD & ROLL MIX

Nutrition Facts

Calories 120 Calories from Fat 10

% Daily Value*

0%

0%

11%

8%

8%

0%

8%

80g

25g

375g

30g

300mg

Serving Size: 1/4 Cup (34g) Dry

Servings Per Container: 48

Amount Per Serving

Total Fat 1g

Saturated Fat Og

Total Carbohydrate 24g

Vitamin A 0% • Vitamin C

0% • Iron

*Percent Daily values are based on a 2,000

calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories per gram: Fat 9 • Carbs 4 • Protein 4

Unbleached flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), whole wheat flour, wheat bran, brown

sugar, vital wheat gluten, salt, sugar, soybean oil, nonfat dry milk, honey powder (refinery syrup, honey), dough enhancer (bleached wheat flour,

malted barley flour, niacin, iron, ascorbic acid, thiamine mononitrate, riboflavin, folic acid), whole eggs (whole eggs, sodium silicoaluminate [as an anticaking agent]), lecithin powder (liquid lecithin, defatted soy flour, dolomite).

Contains allergens: Milk, eggs, soy and wheat..

2,000

65g

20g

300g

25g

Less than 2,400mg 2,400mg

Calories

Less than

Cholesterol Less than 300mg

Dietary Fiber 2g

Saturated Fat Less than

INGREDIENTS:

Total Carbohydrate

Dietary Fiber

Trans Fat Og

Sodium 270mg

Sugars 2g

Protein 4g

Calcium

Total Fat

Sodium

Cholesterol Omg

Total Carbohydrate

Dietary Fiber

Trans Fat Og

Sodium 85mg

Sugars Og

Protein 4g

Calcium

Total Fat

Sodium

(1 can)